



## **Ann Wild OBE**

**BSc Hons Occupational Therapy MUniv MSc Sports Psychology**

### **Objectives**

To enrich my knowledge as a professional Coach and work to improve the athletic progress of individuals in a team and individual setting whilst improving personally as a top level Coach and athlete in the field of Wheelchair Basketball.

### **Athletic History**

I began playing and excelling at multiple sports at the age of ten, I was called up to the senior Great Britain Women's Wheelchair basketball team for my debut against Ireland at Stoke Mandeville at thirteen years old and then went to my first Paralympic Games at the age of fourteen.

I was the first woman to play in and achieve all of the Domestic honours in the UK league for men and women. I was the youngest and first woman to play in the men's first division National league and the first woman to Coach a men's Premier league team in the UK. From the chronological history annotated in this sporting CV it is clear that Wheelchair Basketball has been inextricably linked to my life for its entirety. To this day I remain the highest decorated athlete in the whole of the United Kingdom on all levels of Basketball both Wheelchair and able bodied.

### **Key skills**

I am a self-motivated, results driven athlete and Coach, who has the ability to organise my own time and rotas based on 4 year and 2 year cycles I have the ability to be flexible and adapt to situations that are prone to immediate change. I have proven ability in motivating team members to perform at an elite level as Captain of the GB Women's Wheelchair Basketball team for 15 years and Coaching all age ranges and levels. I have through my entire sporting career had to organise my time between my professional career as an Occupational Therapist and my sporting commitments to my country a challenging but rewarding job. I often give talks and

lectures to groups of individuals to inspire young athletes along their respective journeys.

### **International Great Britain honours**

1988 Paralympics Seoul

1996 Paralympics Atlanta

2000 Paralympics Sydney

2004 Paralympics Athens

2008 Paralympics Beijing

### **International and Domestic Great Britain honours**

7 Gold National Women's League medals

6 Great Britain European Medals

1 World Medal for Target Shooting

1 Gold medal British Champion for Target Shooting

1 Gold Medal in Police target shooting competition

1 Gold medal In Geoff Partridge Shooting Competition

### **Domestic Honours**

London Hawks

Tottenham Tigers 7 National Junior Titles

Milton Keynes Aces Two National titles

Force WBC 6 National Titles

London Titans

London Titans Women 7 National titles

University Championship Bronze Medal

University Championship Gold Medal

### **Coaching history**

2002 – Level 2 Coaching Award GBWBA

2004 – Division 2 Silver medal

2008/9 – Division 1 3<sup>rd</sup> Place

2011/12 – University Championship Head Coach

2013/14 – University Championship Bronze Medalist and Head Coach

2015/16 – University Championship Gold medallist and Head Coach

### **Sporting qualifications and awards**

University Of East London Sports Scholar

TASS Ambassador

Level 1 Coaching Award GBWBA

Level 2 Coaching Award GBWBA

Badminton Coaching award

BTEC National Diploma in Sports and Leisure

BSc Hons Occupational Therapy Brunel University

Outstanding Achievement award Brunel University 2004

MUniv Award for services to sport awarded by Brunel University

MSc Sports Psychology University of East London

Personal trainer level 1, 2 and 3

Lifetime achievement award Wheel Power 2009

OBE for services to Wheelchair Basketball

UEL Coach of the year award 2016