

Ann Wild

PROFILE

I am a self-motivated, result driven athlete and scholar, who has the ability to organise my own time and rotas based on 4 year and 2 year cycles I have the ability to be flexible and adapt to situations that are prone to immediate change.

I have proven ability in motivating team members to perform at an elite level as Captain of the GB Women's Wheelchair Basketball team for 15 years and Coaching all age ranges and levels.

I have through my entire sporting career had to organise my time between my professional career as an Occupational Therapist and my sporting commitments to my country a challenging but rewarding job.

I often give talks and lectures to groups of individuals to inspire young athletes along their respective journeys.

KEY SKILLS

- During my time as an Occupational Therapist I was a Fieldwork supervisor to Occupational Therapy Students from Southbank and Brunel University.
- I created and delivered clinical teaching based on evidence based practice and researched to reflect relevance on a monthly basis.
- I was supervisor to Basic grade Occupational Therapists and Occupational Therapy Assistants on a weekly and bi-weekly rotation.
- I am a fully qualified Wheelchair basketball Coach, Personal Trainer and I also mentor participants on national governing body coaching courses at their request.

KEY ACHIEVEMENTS

- NGO work in Russia teaching individuals practical wheelchair and life skills in addition to wheelchair maintenance.
- NGO work in Laos advising on sustainable wheelchair provision and design. Advising and training orthotics specialists on how to prepare apply and work with thermoplastics for the prevention and reduction of impairments in upper limb trauma and disability. Training and working with deaf children to assist with their sporting development and training wheelchair users in wheelchair basketball to develop sport in Laos.
- I worked and petitioned for development of women's sport in the UK and helped to continue the legacy for women's wheelchair basketball for the past 30 years I was awarded an OBE for services to wheelchair basketball in 2010
- Head Coach of National League Junior wheelchair basketball team
- Head Coach of National League Men's Wheelchair basketball team
- Head Coach of Women's wheelchair basketball team
- Assistant Coach of Superleague wheelchair basketball team
- Assisting with the Great Britain High performance coaching team
- Head Coach University Of East London Wheelchair Basketball Team
- Provided Commentary for Channel 4 at the 2012 Paralympic Games

WORK EXPERIENCE

Dec 2016 to Mar 2016

Fitness and Wellbeing Advisor

Nuffield heath Private healthcare company

- Provide baseline fitness assessments of clients and their health through testing
- Maintain and assess performance via on-going plans with high net worth clients
- Provide one to one support to clients as requested on nutrition
- Provide gym routines to support clients on-going health goals
- Supervise the safe and effective running and provide personal assistance when required in the executive gym in HSBC

Professional Athlete Disability Target Shooting | Sport England

Apr 2013 to Feb 2014

National Governing body for Lottery funded athletes

- Achieve Minimum qualification scores for Paralympic selection
- Maintain elite level fitness
- Develop individual and collective skills for mental management
- World ranking 8th
- Bronze medallist at World championships Poland

Full time athlete Wheelchair Basketball | GBWBA

Jul 2006 to Apr 2009

National Governing body for Wheelchair basketball

- To attend national and regional training camps
- To maintain an elite level of fitness and professionalism
- To lead the National team into competition and assist and mentor young athletes
- To be selected for the Beijing Paralympics
- Achieved selection for Beijing Paralympics and competed successfully at this world event.

Specialist Occupational Therapist | Tower Hamlets PCT

Dec 2004 to Jul 2006

NHS

- Clinical assessment and treatment of patients in multiple settings and disciplines
- Supervision of Basic grade and Student Occupational Therapists
- Training and teaching of Occupational Therapists, Medical, Physiotherapy, Nursing students and allied health professionals.

Occupational Therapist Basic Grade | Tower Hamlets PCT

May 2003 to Nov 2004

NHS

- Trauma and orthopaedics rotation
- Amputees rotation
- Hand therapy rotation
- Mental Health Care of older people
- Held a large caseload in all disciplines
- Carried out appropriate assessments and treatments
- Kept full confidential clinical records

- Attended ward rounds, case conferences and team meetings.
- Attended all clinical responsibilities
- Completed teaching education and research
- Administration and adherence to all HPC regulations
- Risk assessment and child protection

Specialist Occupational Therapist | Tower Hamlets PCT

Nov 2004 to Sep 2005

NHS

- Adult Hand therapy
- Rheumatology
- Held a large caseload in all disciplines
- Carried out appropriate assessments and treatments
- Kept clinical records
- Attended ward rounds, case conferences and team meetings.
- Clinical responsibilities
- Teaching education and research
- Administration and staff training
- Risk assessment

Product Executive | Remploy Healthcare Ltd

Sep 1997 to Sep 1999

Providers of medical equipment to the NHS

- I was a consultant to the research and design team that were building wheelchairs for sale to the NHS
- I liaised with the purchasers of wheelchairs in the clinical setting.
- I assisted with and advised on the most progressive wheelchairs ever provided by Remploy to the NHS helping to move concepts and provision into a more advanced and reflective period of time

National Mobility Advisor | ASBAH

Sep 1996 to Sep 1997

- Organising and delivering individual and group mobility training sessions for carers and clients
- Creating national plans for delivery of mobility training sessions
- Working with and for professional organisations that shaped and provided advice to government on socially exclusive elements defined by the social model of disability.
- I petitioned for equal rights for people with physical and intellectual impairments and was part of the direct action lobbying government on this.

Fieldwork Officer / National Mobility advisor | ASBAH

Sep 1994 to Sep 1997

National association for Spina Bifida and Hydrocephalus

- Advocacy for individuals
- Life skills training and development
- Financial and benefits advice
- Counselling and problem solving skills training
- liaising with carers and agencies providing care to and for people with Physical and earning impairments

- I ran workshops and practical courses on life skills training during residential courses for young children and adults struggling to transition into an able bodied world governed by the social model of disability.
- I travelled to Russia independently for a NGO teaching physically impaired adults, chair and life skills to enable them to experience society physically and to begin to understand the cultural and prejudicial barriers to wider inclusive society.
- I was promoted to National Mobility advisor in 1996 to specialise in life and access skills.

EDUCATION & QUALIFICATIONS

Brunel University - Bachelor`s degree with Hons Occupational Therapy 2:2 Honours 2002

MSc Sports Psychology – University of East London 2016

ADDITIONAL INFORMATION

Other Skills: Currently completing my personal trainer qualification

INTERESTS

I enjoy a variety of other activities including, socialising, travel, scuba diving and visiting art exhibitions.